



AEGEAN ISLANDS ITINERARY

DAY	ISLAND/PORT	ARRIVAL	DEPARTURE
Day 1	Kos		19:00
Day 2	Astypalea	8:00	17:30
Day 3	Santorini	8:00	21:30
Day 4	Paros	9:00	23:00
Day 5	Delos Mykonos	9:00 17:00	15:00 22:00
Day 6	Patmos	10:00	24:00
Day 7	Bodrum	14:00	23:00
Day 8	Kos	7:00	



DAY 1 KOS

THE BIRTHPLACE OF HIPPOCRATES

- 15:30 - 17:30 Meeting of passengers • Accommodation on board
- 18:00 - 18:30 Safety briefing for the passengers • Acquaintance with the Captain and crew members of the sailing ship "Running on waves" • Familiarity tour of the ship
- 19:00 Departure to beautiful island of Astypalea
- 20:00 - 22:00 Dinner • Acquaintance evening • Presentation of water sports and excursion program on the islands



DAY 2 ASTYPALEA

THE BUTTERFLY OF THE AEGEAN ISLANDS

- 08:00 Arrival to Astypalea island
- 08:00 - 08:30 Morning yoga
- 08:30 - 10:00 Breakfast • Swimming from the apparel*
- 10:00 - 10:40 Emergency training (safety instructions)
- 11:30 - 13:00 Travel to Maltezana beach
- 12:30 - 14:00 Lunch
- 14:00 Beach leisure
- 16:00 - 17:00 Afternoon luncheon on the beach
- 17:30 Departure to Santorini island
- 18:00 - 19:00 Master-class: "Arrangement of a sailing vessel • Spars and sails Practice in sails governing"
- 19:00 - 20:00 Time to select ship souvenirs
- 20:00 - 22:00 Dinner • Info - meeting with the Cruise Director • Story on Santorini island
- 22:00 Watching movies



DAY 3 SANTORINI

THE WORLD RENOWNED SUNSET VIEWS

- 08:00 Arrival to Akrotiri, the volcano beach of Santorini island
- 08:00 - 08:30 Morning yoga
- 08:30 - 10:00 Breakfast
- 09:30 Leisure at Akrotiri beach • Spare time on shore
- 12:30 - 14:00 Lunch
- 13:00 - 15:00 Voyage to Fira port
- 14:00 - 14:30 Master-class on ship's navigation
- 16:00 - 20:00 Excursion
- 16:00 - 21:00 Spare time on the island
- 16:00 - 17:00 Afternoon luncheon
- 20:00 - 22:00 Dinner • Info - meeting with the Cruise Director • Story on Paros
- 21:30 Departure for Paros
- 22:00 Karaoke



DAY 4 PAROS

THE ISLAND WITH PURE WHITE FLAWLESS MARBLE

- 08:00 - 08:30 Morning yoga
- 08:30 - 09:30 Breakfast
- 09:00 Arrival to Paros island • Mooring.
- Upon arrival Beach leisure • Spare time on shore* Journey to Antiparos • Visit to the ancient stalactite cave**
- 12:30 - 14:00 Lunch
- 16:00 - 17:00 Afternoon luncheon
- 16:00 - 16:30 Master-class: "Figures made from towels"
- 18:00 - 19:00 Master-class: making nautical knots
- 20:00 - 22:00 Dinner • Info - meeting with the Cruise Director • Story on the saint island of Delos and Mykonos
- 22:00 Evening program on board • Quiz
- 23:00 Departure to Delos
- Later Master-class: "Celestial Navigation"



DAY 5 DELOS / MYKONOS

THE ARCHAEOLOGICAL SITE / THE MOST COSMOPOLITAN ISLAND

- 08:00 - 08:30 Morning yoga
- 08:30 - 09:30 Breakfast
- 09:00 Arrival to Delos
- Upon arrival Spare time on shore • We study traces of ancient civilizations of the antic world
- 12:30 - 14:00 Lunch
- 14:30 - 15:00 Secrets of local culinary from chef-cook • Master class for preparation and decoration of local cuisine dishes
- 15:00 Departure to Mykonos
- 15:00 - 17:00 Climbing to the crow's nest
- 16:00 - 17:00 Afternoon luncheon
- 17:00 Arrival to Mykonos island • Port of Mykonos*** Spare time on shore
- 20:00 - 22:00 Dinner • Info - meeting with the Cruise Director • Story on Patmos island
- 22:00 Departure to Patmos
- 22:00 Disco
- 23:00 Night master-class: "Celestial Navigation"



DAY 6 PATMOS

THE SACRED ISLAND

- 08:00 - 08:30 Morning yoga
- 08:30 - 09:30 Breakfast • Arrival to Patmos island
- 10:00 - 12:30 Bus tour on Patmos island • Visit to Apocalypse grotto • Spare time on the island
- 11:00 Beach leisure*
- 12:30 - 14:00 Lunch
- 14:00 - 14:30 Tour of the Captain's bridge
- 16:00 - 17:00 Afternoon luncheon
- 17:00 - 18:00 Master-class: making nautical knots
- 18:30 - 19:00 Time to select ship souvenirs
- 20:00 - 22:00 Dinner • Info - meeting with the Cruise Director • Story on Bodrum
- 22:00 "Pirates' night"
- 24:00 Departure to Bodrum



DAY 7 BODRUM, TURKEY

THE TOWN THAT NEVER SLEEPS

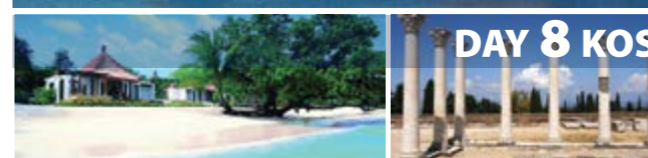
- 08:00 - 08:30 Morning yoga
- 08:30 - 10:00 Breakfast
- 10:00 Photo-safari*
- 11:00 - 12:00 Master-class on ship's navigation • Meeting point: Fly Bridge*
- 12:30 - 14:00 Lunch
- 14:00 Arrival to Bodrum! Mooring
- Upon arrival Bus tour on places of interest in Bodrum • Beach leisure • Spare time in Bodrum
- 16:00 - 17:00 Afternoon luncheon
- 18:30 Tour of the engine room
- 19:15 Info - meeting with the Cruise Director
- 20:00 - 22:00 Festive gala-dinner with the Captain
- 22:00 Pictures slide-show
- 23:00 Departure to Kos



DAY 8 KOS

Finale

- 08:00 - 10:00 Breakfast
- 09:00 - 10:00 Paying bills • Issue of passports
- 12:00 Disembarkation of the passengers



*Depending on weather conditions

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*** Alternative: depending on weather conditions, stay at Ornos Bay is possible